

A to B Calm

The leading calcium supplement for over 20 years!



The **DRINK** that relaxes! Because it is a powdered drink that **REDUCES** stress, helps lower blood pressure, relieves tension, gets rid of headaches and muscle cramps, allows one to sleep better, and helps handle pre-menstrual stress (PMS) and cramping. It works great for children who are "hyper", instead of having to use drugs to calm them down.

USED TO TREAT: Osteoporosis, Osteoarthritis, Attention Deficit Syndrome, Hyperactivity, High Blood Pressure, Fibromyalgia, Hypoglycemia, Tetany, Muscle Cramps, Nervousness, Heart Palpitations, Migraines, Brittle Nails, Aching Joints, Rheumatoid Arthritis, Insomnia, Rickets, PMS, Porous Bones, Premature Aging, Aggressive Behavior, Ametropic Lateral Sclerosis, Alzheimer's Disease, Arrhythmia,

Asthma, Cerebral Palsy, Cluster Headaches, Chronic Fatigue, Constipation, Fluoride Toxicity, Kidney Stones, Menopause, Multiple Sclerosis, Pregnancy-related problems, Psychiatric Disorders, SIDS, Stress, Toxic Shock, and hundreds more "common" human ailments!

Instead of the indigestible pills and tablets you've been taking for your calcium intake, **A to B Calm** is assimilated *instantly* into your blood stream! The effects are quick and astounding!

INGREDIENTS:

Calcium gluconate - pharmaceutical grade, from potatoes, so it is *lactose free!*

Magnesium carbonate - highest grade, from sea plankton.

Organic Wheat Grain vinegar - natural source grain vinegar.

That's it - only three ingredients!! No fillers, flavors or other contaminants!

A to B Calm is premixed into a liquid state, then flash freeze dried. This makes a light, fluffy powder which instantly dissolves, making a nearly flavorless, easily assimilated calming drink.

A to B Calm calcium absorbs faster into the body than any known calcium supplement. The vinegar's acidity acts as a catalyst. Our product is unique enough to have a patent pending.

A to B CALM is endorsed by nationally known celebrities such as John Brodie, ex-quarterback and golfer, Karen Black, film star, and Bill Church of Church's Chicken. It is recommended by medical doctors, chiropractors and professional athletes. Adults and children can use **A to B CALM**.

SUGGESTED DAILY DOSE: One **LEVEL** teaspoon every morning and night dissolved in **hot** water. Add to juice, make tea or drink straight. (*Call for data when treating specific ailments.*)

A to B Calm is simply MAGIC!! You'll sleep better at night, you'll feel more free in your movements, your everyday pains will all but disappear and you'll be calmer in your outlook towards life in general.

\$30.00 - 1 lb. can (288 servings)

\$15.00 - 3.3 oz. can (60 servings)

\$0.35 each -- one serving Travel Pack

SURVIVAL ENTERPRISES

9360 N. Government Way #1A

Hayden, ID 83835

(310) 295-9686

<http://www.se1.us>

Oil of Oregano



ACNE OR OTHER SKIN PROBLEMS

Oil of Oregano has been used to treat acne; remove keratosis; to destroy foot, finger, ear, nail and leg fungus and eczema. (To dilute, follow instructions at bottom of page.) Apply either diluted or pure **Oil of Oregano** directly to affected spots once daily; use more often if necessary. It will burn or sting and will leave a red mark, but that shows the destruction of the infection. The burning sensation goes away after about 10 minutes. **DO NOT TOUCH THE TREATED AREA!**



DANDRUFF / SCALP DISORDERS

Take a bottle of approximately 8 oz of **ANY** shampoo. Pour entire contents into a glass bowl. Add 10 to 20 drops of **Oil of Oregano** to your shampoo. Mix thoroughly with a metal spoon. Pour mixture back into shampoo bottle. Shampoo normally, allowing the lather to sit on your hair for a few minutes, then rinse. **DO NOT GET IN EYES!**

GINGIVITIS / GUM DISEASE

Use a drop of the diluted **Oil of Oregano** (see bottom of page on how to dilute) on your toothbrush instead of toothpaste. Rub on gums and teeth. Apply once or twice daily.

WARTS / BOILS

Saturate affected area with **Oil of Oregano**. Cover with a bandage. Repeat daily until warts are gone.

SINUS / EMPHYSEMA / CONGESTION

The vapors from the **Oil of Oregano** can be inhaled to clear your throat and nasal passages of viruses, bacteria, and fungi. Put 1/2 cup of boiling water in cup. Put 1 drop of pure **Oil of Oregano** in cup. Cover mouth/nose and cup with towel. Breathe the steaming vapors deeply. As well, place 5-10 drops of the diluted mixture under your tongue each morning. **Oil of Oregano** is assimilated 10 times faster this way (as opposed to our **Oregano Oil Gelcaps** or **Oregano Capsules**, which assimilate via your digestive tract), though it **WILL** burn lightly and taste funny!

INTERNALLY

Taken internally, **Oil of Oregano** is highly effective against a wide range of yeast, fungi and bacteria. It also kills internal parasites and viruses. For **SORE THROAT** and **just not feeling great** ("cold" or "flu" symptoms), use diluted mixture **EVERY HOUR** until pain or not feeling great is gone. **Works fast.**

EARACHE:

Put 2-3 drops of the **DILUTED** mixture on a Q-tip, put in ear that hurts, "swirl", then use the dry side to wipe the excess out of the ear. Do **daily** until earache is gone.

HOW TO DILUTE

Use **EXTRA VIRGIN OLIVE OIL** to dilute our 100% pure **Oil of Oregano**. Find yourself an eyedropper bottle made of glass (we sell a 1 oz hospital grade dropper bottle). Put about 1/4" of our Oregano Oil into dropper bottle, then fill with Extra Virgin Olive Oil to just below the bend in the neck. Gently shake.

Let sit about an hour. Put 6-10 drops of this mixture **under** your tongue, let it sit there for a 5-10 seconds, then wash it down with about 2 oz. of water. This is the perfect mixture to take internally.

WARNING!

Oil of Oregano is a HOT spice. It is one of the strongest essential oils in existence! NEVER APPLY UNDILUTED OIL OF OREGANO TO MUCUS MEMBRANES, like the eyes, the genitals, the anus, the armpits, your mouth, inside the nose, etc., and be careful when using full strength on the skin.

1 oz. bottle (undiluted) - \$25.00

90 Gelcaps - \$25.00

100 Capsules - \$20.00

1 oz. glass eyedropper mixing bottle - \$3.00

**Extra Virgin Olive Oil 16.9 oz
(for dilution of our Oregano Oil & cooking)**

\$10.00